

Catherine Rocheleau, RD, MBA



Catherine Rocheleau is a three-time best selling author, award winning leader and Business Impact Strategist who is passionate about creating positive social change through business.

Small business owners and business professionals hire her to gain clarity, create breakthroughs and be an ActionTaker and ImpactMaker because most struggle with constant change and the unknowns that leave them uninspired & challenged with flat revenues, poor team morale or high turnover. So, Catherine helps them take action to grow a resilient business, lead a great team and make a positive social impact... all at the same time.!

The creator of ActionTakers Coaching, IMPACTMakers Inner Circle and several online programs, in addition to training, speaking and coaching services, Catherine continues to use her business as a force for good through her MoreThanGreen™ sustainability initiatives.

Contact:

Email: info@igniteleaders.com

LinkedIn: <https://linkedin.com/in/igniteleadership>

Website: <https://igniteleaders.com>

Instagram: <https://instagram.com/igniteleadership>

Facebook: <https://facebook.com/catherine-rocheleau>

YouTube: <https://youtube.com/c/catherinerocheleau>

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